

April/May 2022

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"Spring is proof that there is beauty in new beginnings."

~Matshona Dhliwayo

Cystic Fibrosis Newborn Screening and Diagnostic Evaluation for Cystic Fibrosis for Infants Born to CF-affected Mothers who are Treated with CFTR Modulators

Infants with CF whose CF-affected mothers have been treated with CFTR modulators (ETI) are at increased risk for false negative newborn screening. This is due to the effect of these drugs decreasing in utero pancreatic injury and subsequently lower immunoreactive trypsinogen (IRT) values on Guthrie card samples. Sweat gland function can also be normalized, particularly if the infant is breastfed and receives ETI through the mother's milk. Genetic testing will reveal abnormalities in these affected infants; but since genetic testing is only carried out on samples in the top 5% of IRT results on any given day, these children will not be detected. The newborn screen card can go directly to genetic testing for these infants if appropriately labelled. Please see **full document** for details.

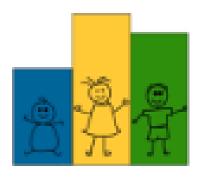
Fertility considerations

### **Climate Health ECHO**

NH Healthcare Workers for Climate Action and Dartmouth Hitchcock
Project ECHO will launch this unique course next Wednesday April 27 at noon. With 6 sessions offered every 2 weeks, it will be an opportunity for all health care professionals to learn about the impacts of climate change on the health of their patients, their families, and their communities. It is free to anyone who registers and will provide CME and CE credits.

Warm regards, Carl

W. Carl Cooley, MD, Chair, Children's Health Working Group



# NHPIP: An Introduction to Trauma-informed Care in Pediatrics FREE Training Opportunity

You see it in your office everyday -- families experiencing toxic stress levels due to mental health issues, substance-use, family separation, social determinant needs, etc. But what can you and your office do to address the harmful effects of toxic stress? This is the topic of a new training opportunity from the NHPIP. "An Introduction to Trauma-informed Care in Pediatrics," is a one-hour training that can be provided on-site or virtually to clinicians and staff. This training provides an overview of: childhood adversity and resilience, impacts of pandemic on child/family trauma exposure, and trauma-informed care delivery in pediatric primary care. This training is being offered FREE for a limited time. To learn more and schedule your clinic's training, email Felicity Bernard at NH PIP at felicity.bernard@unh.edu.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the North Country Health Consortium/NNH AHEC and the University of New Hampshire Institute for Health Policy. The North Country Health Consortium/NNH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. The North Country Health Consortium/NNH AHEC designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **Transition Survey**

Hello colleagues,

I know you are all busy practitioners and won't take much of your time. I am a member of the Youth Health Care Transition Services Project Advisory Committee. We would like to survey Pediatric and Family Practice providers surrounding transition policies in their practices as recommended by Got Transition, a national authority on facilitating youth healthcare transition into adult care. I have completed the survey myself and was pleasantly surprised by its brevity. It should take you less than 5 minutes to complete and will provide valuable insight into how Primary Care Practices are equipped to transition youth into adult health care.

I thank you in advance for your assistance.

Here is the link to the survey: <a href="https://www.surveymonkey.com/r/HCTpolicy">https://www.surveymonkey.com/r/HCTpolicy</a> [surveymonkey.com]

Thank you,

Lisa M. Plotnik, MD

This program educates parents about safe gun storage around children.

http://besmartforkids.org/?source=fbns\_besmartwww&utm\_source=fb\_n\_&utm\_medium= s&utm\_campaign=besmartwww



## Join us for Water and Health

**Opportunities Available:** This is a new section of the newsletter to highlight opportunities to get involved or for help needed. If you have something you want listed, please contact **catrina.watson@nhms.org** 

**NHAAP** is looking for chapter members who would like to be part of a chapter interest group on diversity/equity/inclusion (DEI). This would be an informal group that aims to highlight issues in this area for pediatricians. Please respond to **catrina.watson@nhms.org.** 

## **NH AAP meetings**

2022 Meetings will be June 8, September 14 and December 14. Meetings will be held virtually until further notice.

Newsletter Editor Vacant

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Check out our new website www.nhaap.org





